

Prepare for an Emergency

Janet: The time to think about what you would do in an emergency situation is before you are in one. My name is Janet Olszewski, Director of the Michigan Department of Community Health. You can start by thinking about the kinds of emergencies that are likely to happen in our area—weather is a big one. Think about how your family will cope—being in touch, having enough water, food, batteries—supplies of all sorts. How much will you need? What kinds of food? Medicines? What about pets? What about neighbors that might need help? You don't need to feel helpless in the face of a disaster or emergency.

The State of Michigan has been working on a lot of answers for you. Here's a website to give you the information you need to help you make an effective emergency plan for your family.

It's michigan.gov/prepare. Make plans today. Be ready for anything.